

WEEKLY MENU – WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cumberland Sausage, with thick gravy and Crispy Onions	Pollo Chicken. Pieces of chicken, served in a rich tomato sauce with Chorizo and peppers	Roast of the Day. Oven Cooked Gammon, Served with Yorkshire Pudding and Gravy	Mexican Chilli Beef. Ground Minced Beef in a spiced tomato and bean Sauce	Fishy Friday, Breaded Fish Fingers
MAIN 2	Vegan Sausage , Gravy and crispy Onions	Pisto. Spanish Vegetable Stew	Roasted Cauliflower Steak, topped with Cheese and Herb Crust	Vegetable and Black bean Chilli	Oven baked Vegetable Fingers
MAIN 3	Available daily Pasta with a variety of toppings Jacket Potatoes with various fillings A selection of freshly made sandwiches House salad and Fresh Fruit				
SIDE (S)	Creamed Mash Potato and Wilted Greens	Roasted New Potatoes and Green Beans	Roast Potatoes and Mixed Vegetables	Fluffy White Rice and Tortilla Chips	Chips, Garden Peas and Baked Beans
DESSERT	Chocolate with Chocolate Custard	Iced Biscuits	Eve's pudding and Custard	Chocolate Trifle	Salted Caramel Brownie

WEEKLY MENU – WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Mince and Tatties. Minced Beef in a Thick Onion Gravy, with Yorkshire Pudding	Spaghetti Milanese. Breaded Chicken, served with a Rich Pomodoro Sauce	Beef Stew. Succulent Chunks of Beef, Cooked with Root Vegetables	Chicken Tikka Masala. Tender Pieces of Diced Chicken in a Thick Spiced Tomato Sauce	Fishy Friday, Breaded Fish Fingers
MAIN 2	Savory Vegan Mince and Yorkshire Pudding	Roasted Aubergine, Topped with Cherry Tomato, Peppers, Onion and Mozzarella Cheese	Seasonal Vegetable Pie	Chickpea ,Spinach and Sweet Potato curry	Oven baked Vegetable Fingers
MAIN 3	Available daily Pasta with a variety of toppings Jacket Potatoes with various fillings A selection of freshly made sandwiches House salad and Fresh Fruit				
SIDE (S)	Freshly Prepared Mashed Potato and Peas	Garlic Croutons and Parmesan Cheese	Herb Mash and Roasted Carrots	Onion Rice, Riata and Mini Poppadom	Chips, Garden Peas and Baked Beans
DESSERT	Chocolate Iced Cake	Chocolate Chip cookies	Marble Sponge Cake & custard	Fruit Jelly with Whipped Cream	Mixed Muffins



WEEKLY MENU – WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Beef Burger. Beef Pattie in a Floured Bap with Cheese Sauce	Taco Tuesday. Ground Minced Beef with Aromatic Spices, served with a Soft Tortilla	Chicken Casserole and Dumplings. Chicken and Vegetables in a rich Gravy	Chinese Chicken Curry. Pieces of Chicken, Onions and sweet Peas in a thick Yellow Curry sauce	Fishy Friday, Breaded Fish Fingers
MAIN 2	Vegetable Burger	Haloumi and Vegetable Fajitas	Butternut Squash and Spinach Filo Pie	Oriental Vegetable Chow Mein	Oven baked Vegetable Fingers
MAIN 3	Available daily Pasta with a variety of toppings Jacket Potatoes with various fillings A selection of freshly made sandwiches House salad and Fresh Fruit				
SIDE (S)	Potato Wedges, Lettuce, tomato, Onion and Gherkins	Parmentier Potatoes, sour cream, Fresh salsa and Jalapenos	Panache of Vegetables and Steamed new potatoes	Sweetcorn Rice and Prawn Crackers	Chips, garden Peas and Baked Beans
DESSERT	Sprinkle Cake	Chocolate Brownie	Rice Pudding with Jam	Chocolate Cheesecake	Doughnuts

