

WEEKLY MENU – WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Flaky Pork Sausage Roll, with Gravy	Chicken Arrabbiata, chicken breast cooked in a spiced tomato sauce	Beef Cobbler Ground Minced Beef in a thick Gravy, with a suet Biscuit	Chicken Rogan Josh, Tender pieces of chicken in a rich aromatic sauce	Fishy Friday, Breaded Fish Fingers
MAIN 2	Cheese Roll	Roasted Mediterranean Vegetable Ragu	Country Vegetable Pie	Cauliflower and Bean Curry	Oven baked Vegetable Fingers
MAIN 3	Available daily Pasta with a variety of toppings Jacket Potatoes with various fillings A selection of freshly made sandwiches House salad and Fresh Fruit				
SIDE (S)	Mashed Potato and Garden Peas	Penne Pasta and Garlic Croutons	Baby Roast Potatoes and Mixed Vegetables	Onion Rice and Mini Poppadom's	Chips, Garden Peas and Baked Beans
DESSERT	Chocolate Iced Cake	Yoghurt Crunch	Vanilla Sponge and Custard	Strawberry Mousse	Chocolate Muffins



WEEKLY MENU – WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	College Brunch Succulent roasted Pork Sausage	Mexican Beef Taco, ground beef with a soft flour taco	Chicken and Vegetable Casserole, with a puff pastry fleuron	Katsu Chicken Breaded chicken in a mild Japanese curry sauce	Fishy Friday, Breaded Fish Fingers
MAIN 2	Vegan Sausage	Vegetable Fajita wrap	Roasted Cauliflower and Broccoli mornay	Katsu Vegetable curry	Vegetable Fingers
MAIN 3	Available daily Pasta with a variety of toppings Jacket Potatoes with various fillings A selection of freshly made sandwiches House salad and Fresh Fruit				
SIDE (S)	Hash Browns and Baked Beans	Spiced Wedges, sour cream and salsa	New Potatoes and Green Beans	Boiled Rice	Chips, Garden Peas and Baked Beans
DESSERT	Assorted Doughnuts	Sprinkle Cake	Chocolate Sponge and custard	Vanilla Cheesecake	Chocolate Flapjack



WEEKLY MENU – WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Sausage Sub with BBQ sauce	Cheeseburger Macaroni Ground Beef with tender pasta, topped with melted cheese	Beef Bourguignon Braised beef in gravy	Chicken Gyros Marinated chicken, served with a Pitta Bread	Fishy Friday, Breaded Fish Fingers
MAIN 2	Vegan Sausage Sub	Vegetable Lasagne	Potato and leek, garlic cheese crumble	Vegetable Moussaka	Vegetable Fingers
MAIN 3	Available daily Pasta with a variety of toppings Jacket Potatoes with various fillings A selection of freshly made sandwiches House salad and Fresh Fruit				
SIDE (S)	Mixed Cabbage Slaw and Potato Tots	Shredded Lettuce, Tomato and onion salad	Fresh Mashed potato and Garden Peas	Lemon and herb rice, Tzatziki and Greek salad	Chips, garden Peas and Baked Beans
DESSERT	Iced Cake	Chocolate Brownie	Jam Sponge and Custard	Chocolate chip Cookies	Ice Cream

