

Year 6 Chunky Chili

Research/Design

Students can discuss and practise food safety and food preparation.

Students to be aware of the importance and practise good hygiene.

Students will be aware of seasonality and its increasing importance in this modern world.

Students will be aware of the Eatwell Guide and the different food groups featured in it.

Students will be able to use proportions to work how much of each ingredient would be needed in order to make bread and soup for an entire class.

Make

Students are to safely peel and cut vegetables.

Students are able to follow a recipe in order to make Chili

Students are able to respond to their Chili mixture and add extra ingredients where required.

Students are able to add stock cubes, water and chicken to their soup.

Students are able to cook the Chili for the correct amount of time.

Evaluate

Students are able to taste their Chili and explain the different flavours.

Students will be able to evaluate their desserts based upon the taste, explaining why they liked or didn't like the finished product.

Students to get feedback from their peers to get their views on the taste.

Students to be able to suggest what they would do differently should they make the food again.

Students to suggest additional ingredients that can be added to improve the dish.

Key Vocabulary

Measure – Find the size, amount, or degree of an ingredient by using an instrument or device marked in standard units.

Weighing Scale - A device to measure weight or mass.

Proportion - A part, share, or number considered in comparative relation to a whole. For example if the whole is multiplied by 2, each ingredient will also be multiplied by 2.

Varied Diet – A diet that includes a wide range of all the different food groups featured on the Eatwell Guide.

Reared – Animals bred and raised to become meat and fruit & vegetables grown and cultivated.

Processed - A food item that has had a series of mechanical or chemical operations performed on it to change or preserve it.

Mood Board



Related Mathematics

1kg = 1000g

1000mg = 1g

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