

Year 3 Scones

Plan

Students to be aware of how to stay safe in a kitchen and food preparation setting.

Students to be aware of the importance of

Students will be aware of fridge and freezer food safety..

Students will become aware of the Eatwell Guide and the different food groups featured in it.

Students will be aware of how food is prepared and stored.

Key Vocabulary

Hygiene - To maintain health through cleanliness

Seasonality - The times of year when a given type food is at its peak, either in terms of harvest or its flavour.

Savoury - Food that has a salty or spicy flavour rather than a sweet one.

Preparation - A set of practices (such as baking, boiling, dicing or grilling) involved in acquiring raw ingredients and transforming them into something ready to be consumed.

Eatwell Guide - The Eatwell Guide shows how much of what we eat overall should come from each food group to achieve a healthy, balanced diet.

Food Groups - A collection of foods that share similar nutritional properties or biological classifications.

Make

Students will be able to accurately follow a recipe.

Students will be able to safely use different mixing techniques.

Students will be able to prepare their ingredients safely and hygienically.

Students will be able to mix all of the ingredients together, knowing when to add water or flour to the mix.

Students will be able to bake their scones at the correct temperature for the correct length of time.

Evaluate

Students will be able to taste their buns and identify the different flavours.

Students will be able to evaluate their scones based upon the taste, smell and appearance. They will explain why they liked or didn't like the finished product.

Students will suggest other ways in which they can improve their work in the future.

Students will be able to state which food groups on the Eatwell Guide are used in their food.

Mood Board



Related Mathematics

1000 grams = 1 kilogram

1000 milligrams = 1 gram

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