

Research

Students will be aware of healthy and unhealthy foods and what a health diet contains.

Students will identify different fruits and vegetables they know / eat.

Students will learn how to be hygienic when working with food and why it is important.

Students will sketch some ideas for their own fruit salad.

Students will be able to explain why they have made their design choices.

Year 2 Fruit Salad

Make

Students be hygienic when working with food.

Students will learn how to safely hold and use a knife when cutting.

Students will learn how to safely cut and handle food.

Students will be able to make their own fruit salad.

Design

Students will be able to taste different fruits identify the different flavours.

Students will sketch some ideas for their own fruit salad.

Students will be able to explain why they have made their design choices.

Key Vocabulary

Hygiene - To maintain health through cleanliness

Seasonality - The times of year when a given type food is at its peak, either in terms of harvest or its flavour.

Savoury - Food that has a salty or spicy flavour rather than a sweet one.

Preparation - A set of practices (such as baking, boiling, dicing or grilling) involved in acquiring raw ingredients and transforming them into something ready to be consumed.

Eatwell Guide - The Eatwell Guide shows how much of what we eat overall should come from each food group to achieve a healthy, balanced diet.

Food Groups - A collection of foods that share similar nutritional properties or biological classifications.

Famous chef



Paul Hollywood

Mood Board



Related Mathematics

1000 grams = 1 kilogram

1000 milligrams = 1 gram

Evaluate

Students will be able to taste their fruit salad and identify the different flavours.

Students will be able to evaluate their fruit salad based upon the taste, explaining why they liked or didn't like the finished product.

Students will suggest other ways in which they can improve their work in the future.

Students will be able to state and compare different fruits and vegetables,