

FOREST SCHOOL



Each week, Reception explore the forest within the school grounds as part of our holistic approach to children's growth and development.

WHAT ARE THE BENEFITS?

HEALTHIER BODIES:

An outdoor learning environment challenges and helps to develop gross and fine motor skills. A challenging outdoor environment promotes movement, balance and exercise. Handling natural materials contributes to physical coordination and dexterity.

HEALTHIER MINDS:

Forest environments offer opportunities to develop confidence and improve mental health and wellbeing. Using a large space and natural resources, children are encouraged to independently investigate, problem solve and develop resilience.

HEALTHIER ENVIRONMENT:

Children gain an understanding and appreciation of the natural world around them through a play-based approach. They experience how seasons change throughout the year while exploring and respecting the natural environment.

VALUED, CHALLENGED, INSPIRED



CHRIST'S COLLEGE
Emmanuel Schools Foundation