



CHRIST'S COLLEGE, SUNDERLAND

Emmanuel Schools Foundation

PSHE Intent Statement

Ethos

Christ's College Christian ethos underpins our curriculum in PSHE. We believe that every person is made in the image of God. We want all students at Christ's College to live their life in all its fullness by ensuring they have a secure understanding of how to develop personally, socially and live a healthy lifestyle. The seven core virtues of the school: Love, Self Control, Wisdom, Fairness, Courage, Integrity and Humility are not only a 'Golden Thread' running through the full curriculum but indeed a Golden Thread running through the PSHE curriculum in particular. Inexplicit and explicit links are made between PSHE key concepts and the core Christian Virtues, for example, when teaching 'Friendship and Co-operation' - the virtue of Love can be naturally referenced and incorporated.

Curriculum

Our aim through PSHE teaching is to develop student's confidence in sharing their own thoughts and opinions. We want students to develop skills and attributes to keep themselves (and others) healthy and safe. We want students to become a responsible and considerate global citizen, to build positive and respectful relationships with other people and feel equipped for life's challenges.

To deepen students understanding, we revisit topics systematically over the primary years, linking Primary PSHE teaching to Secondary level where concepts are further developed and embedded. The curriculum model in primary is a spiral curriculum – as each year progresses key concepts are revisited and knowledge deepened. There is a clear progression between the key concepts of physical and mental well-being, friendship and cooperation, relationships, respect and resilience. The secondary curriculum builds on this by....

Through our PSHE curriculum and programmes of study we incorporate age appropriate content to add breadth and depth to the foundational spiral curriculum key concepts. We explicitly teach Fundamental British Values, Citizenship, Puberty and Relationship/Sex Education. We map these areas into the long-term plan to ensure pupils receive a broad and balanced PSHE curriculum offer.

Community

Where possible, links are made to our local context of Sunderland. Through PSHE teaching we encourage students to show respect for their local community and the impact of this can be seen in community projects such as the Harvest Festival, visits to local care homes, local area walks and litter-picking initiatives. Social action projects are also linked in to the 'Respect' key concept of the spiral PSHE curriculum. Through the teaching of Fundamental British Values and Citizenship we encourage students to think about the wider community. We aim to create 'Global Citizens'. We want students



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to have an understanding of the role they can play in the wider world.

Character

Being Made in God's Image and demonstrating our core virtues are at the core of what we do in PSHE, as having the humility to listen as well as speak, to hear the point the person makes and respond appropriately are central. We model this through the co-operative tasks in class, and through the discussion-based tasks we ask students to carry out. Resilience is a key concept of PSHE curriculum. We foster a "can do" attitude that promotes resilience and determination, and we encourage students to have the courage to speak by creating safe spaces, where they can feel confident to take risks and "have a go".